

# Hand Therapy & Upper Extremity Treatment

We're excited to introduce one of our specialty programs for hand therapy and upper extremity treatment services being provided at our Jamestowne location in Hamilton. Therapy focuses on regaining and retraining hand and arm function needed to return the patient to their optimal level of function.

## Diagnosis include:

- Hand, wrist, elbow fractures & dislocations
- Sprains & strains
- Tendon lacerations & repair
- RSD/CRPS/pain
- OA/RA
- Joint fusions & repair
- Trauma, crush & amputations
- Burns & wounds
- Neurological injuries, impairments & impingements
- Carpal Tunnel Syndrome & repetitive motion injuries
- Dupuytren's contracture & trigger fingers
- Tendonitis

## Interventions include:

- Manual therapy: ROM & joint mobilizations
- Therapeutic exercise & strengthening
- Home Exercise Program & Patient education
- Appropriate use of thermal & electrical modalities
- Edema management
- Scar management
- Wound care
- Sensory re-education & desensitization
- Splinting & taping
- Biofeedback
- Activity modification/ADLs/AE

**Call today for more information: (513) 785-4846**

*Our occupational therapist has over 25 years of experience and extensive training in the treatment and evaluation of adults and children with a variety of hand and upper extremity injuries and impairments.*

**JAMESTOWNE**



COMMUNITY FIRST SOLUTIONS